

- Curriculum Provision Mapping –

**PHYSICAL EDUCATION**

Year Group/Term		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>KS1</b>	<b>YEAR 1</b>	<i>Multi-Skills Master basic skills in agility and movement to include throwing and catching.</i>	<i>TEAM GAMES Master basic skills in agility and movement to include throwing and catching.</i>	<i>GYMNASTICS Floor work and balance. Dance, movement and pattern.</i>	<i>GYMNASTICS Using apparatus and sequencing. Developing strength, technique and control.</i>	<i>TEAM GAMES Developing simple tactics for defending and attacking. TENNIS</i>	<i>Athletics – master basic movements to include: run, jump, hop, throw &amp; skip.</i>
	<b>YEAR 2</b>	<i>TEAM GAMES Master basic skills in agility and movement to include throwing and catching.</i>	<i>Multi-Skills Master basic skills in agility and movement to include throwing and catching.</i>	<i>GYMNASTICS Using apparatus and sequencing. Developing strength, technique and control</i>	<i>GYMNASTICS Floor work and balance. Dance, movement and pattern.</i>	<i>TEAM GAMES Developing simple tactics for defending and attacking TENNIS.</i>	<i>Athletics – master basic movements to include: run, jump, hop, throw &amp; skip.</i>
<b>KS2 Lower</b>	<b>YEAR 3</b>	<i>Multi-Skills to use running, jumping, throwing &amp; catching in isolation and in combination.</i>	<i>Competitive games- cricket, football, hockey, rounders, netball, tennis, rugby etc.</i>	<i>GYMNASTICS Floor work and balance. Dance- performing for others.</i>	<i>GYMNASTICS Using apparatus and sequencing. Developing strength, technique and control</i>	<i>SWIMMING @Forest Hill Pools Use a range of strokes effectively. Be able to swim a distance of at least 25m</i>	<i>SWIMMING @Forest Hill Pools Use a range of strokes effectively. Be able to swim a distance of at least 25m</i>
	<b>YEAR 4</b>	<i>Multi-Skills to use running, jumping, throwing &amp; catching in isolation and in combination.</i>	<i>Competitive games- cricket, football, hockey, rounders, netball, tennis, rugby etc.</i>	<i>SWIMMING @Forest Hill Pools Use a range of strokes effectively. Be able to swim a distance of at least 25m</i>	<i>SWIMMING @Forest Hill Pools Use a range of strokes effectively. Be able to swim a distance of at least 25m</i>	<i>TEAM GAMES cricket, football, hockey, rounders, netball, tennis, rugby etc.</i>	<i>Athletics – develop flexibility, strength, skill, technique, control, balance and compete.</i>
<b>KS2 Upper</b>	<b>YEAR 5</b>	<i>SWIMMING @Forest Hill Pools Use a range of strokes effectively. Be able to swim a distance of at least 25m</i>	<i>SWIMMING @Forest Hill Pools Use a range of strokes effectively. Be able to swim a distance of at least 25m</i>	<i>GYMNASTICS Using apparatus and sequencing. Developing strength, technique and control</i>	<i>GYMNASTICS Floor work and balance. Dance-performing for others.</i>	<i>TEAM GAMES cricket, football, hockey, rounders, netball, tennis, rugby etc.</i>	<i>Athletics – develop flexibility, strength, skill, technique, control, balance and compete.</i>
	<b>YEAR 6</b>	<i>Multi-Skills to use running, jumping, throwing &amp; catching in isolation and in combination.</i>	<i>Competitive games- cricket, football, hockey, rounders, netball, tennis, rugby etc.</i>	<i>GYMNASTICS Floor work and balance. Dance- performing for others.</i>	<i>GYMNASTICS Using apparatus and sequencing. Developing strength, technique and control</i>	<i>TEAM GAMES cricket, football, hockey, rounders, netball, tennis, rugby etc.</i>	<i>Athletics – develop flexibility, strength, skill, technique, control, balance and compete.</i>